



SUMMER HOLIDAY HOMEWORK

GRADE – XII HUMANITIES

GENERAL INSTRUCTIONS

- **Compulsory Submission:** Holiday homework is mandatory for all students.
- **Submission Deadline:** Submit your homework on or before 1st July 2025.

ENGLISH

Interview-Based research:

Example:

- Students can choose a topic on which to do their research/ interview, e.g., a student can choose the topic: “Evolving food tastes in my neighbourhood” or “Corona pandemic and the fallout on families.” Read the available literature.
- The student then conducts interviews with a few neighbours on the topic. For an interview, with the help of the teacher, student will frame questions based on the preliminary research/background.
- The student will then write an essay/ write up / report etc. up to 1000 words on his/her research and submit it. He / She will then take a viva on the research project. The project can be done in individually or in pairs/ groups

ECONOMICS

PROJECT WORK - Choose a title/topic from the list below and prepare your project under following heads:

1. Introduction of topic/title
2. Identifying the causes, consequences and/or remedies
3. Various stakeholders and effect on each of them
4. Advantages and disadvantages of situations or issues identified
5. Short-term and long-term implications of economic strategies suggested in the course of research
6. Validity, reliability, appropriateness and relevance of data used for research work and for presentation in the project file
7. Presentation and writing that is succinct and coherent in project file
8. Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

GEOGRAPHY

A practical file is to be prepared for the following practical topics:

1. Data its source and compilation
2. Data Processing
3. Representation of data
4. Spatial Information Technology
 - A practical file must be prepared by covering all the topics prescribed in the practical syllabus.
 - The file should be completely handwritten with a cover page, index page and acknowledgment.

- All statistical diagrams and maps should be drawn neatly with appropriate headings, scale, index etc. Data to draw statistical diagrams can be taken from the NCERT text book or Census

POLITICAL SCIENCE

The Research Work/ Project File is to be prepared on any one of the topics listed below under following heads:

- Title Page
- Introduction/Overview
- Need of the Study
- Content (Include Timeline, Case Study Statistics, News Paper Extracts, Min Maps And Charts
- Data Interpretation & Analysis
- Conclusion
- Bibliography

1. NAM- 1961 to present times.
 2. Division of Germany with special focus on the construction and dismantling of the Berlin Wall.
 3. CIS-Central Asian Republics
 4. Disintegration of USSR with special focus on Gorbachev.
 5. Arab Spring
 6. Cover the negative as well as positive aspects of relationship between India and the following countries. Focus on any one of the following (current updates should be highlighted):
 - a) Relationship between India and Russia
 - b) Relationship between India and China
 - c) Relationship between India and Pakistan
 - d) Relationship between India and Bangladesh
 7. ASEAN
 8. European Union and BREXIT
 9. BRICS
 10. SAARC
 11. India's Nuclear Policy
 12. United Nations with focus on India's candidature in Security Council.
 13. UN Agencies – UNICEF, UNESCO, WHO
 14. Pandemics: Covid 19- Its global impact (focus on worldwide cooperation and preparedness along with controversies (please collect newspaper clippings for the same)
 15. Partition of India-Theory behind it and its legacy
 16. Comparison between NITI AAYOG and Planning Commission and their contribution in India's Development.
 17. Election 2019- Rise of BJP and Downfall of Congress (1989-2019).
 18. Emergency – A blot on Indian Democracy
 19. NDA III and NDA IV – Social and Economic welfare programmes.
- Note: - The work should be original and to be presented beautifully.

HISTORY

A research work / Project file is to be prepared on the topics listed below, under following heads:

1. Choose a Title/Topic
2. Need of the Study, Objective of the Study
3. Hypothesis
4. Content -Timeline, Maps, Mind maps, Pictures, etc. (Organization of Material/Data Present Material/ Data)
5. Analysing the Material/Data for Conclusion

6. Draw the Relevant Conclusion
7. Bibliography

List of Projects:

1. The Indus Valley Civilization-Archaeological Excavations and New Perspectives
2. The History and Legacy of Mauryan Empire
3. “Mahabharat”- The Great Epic of India
4. The History and Culture of the Vedic period
5. Buddha Charita
6. A Comprehensive History of Jainism
7. Bhakti Movement- Multiple interpretations and commentaries.
8. “The Mystical Dimensions of Sufism
9. Global legacy of Gandhian ideas
10. The Architectural Culture of the Vijayanagar Empire
11. Life of women in the Mughal rural society
12. Comparative Analysis of the Land Revenue Systems introduced by the Britishers in India
13. The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity
14. The Philosophy of Guru Nanak Dev
15. The Vision of Kabir
16. An insight into the Indian Constitution
17. Comparative study of Stupas and Pillar edicts
18. Comparative study of Mughal and Vijayanagar architecture

Note:- Project report can be Handwritten or Video Documentary with a written summary. (Eco-friendly materials should be used by students)

PHYSICAL EDUCATION

Practical-1: Fitness tests administration (SAI Khelo India Test)

- Age group 5 to 8 years (3 pages)
- Age group 9 to 18 years (5 pages)

Practical-2: Procedure for yoga Asanas Benefits & Contraindication for each lifestyle disease (4 Asans for each)

- Asans for Obesity (2 pages)
- Asans for Hypertension (2 pages)
- Asans for Asthma (2 pages)
- Asans for Diabetes (2 pages)
- Asans for Back Pain (2 pages)

Practical-3: Any one game of your choice. (Basketball, Football and volleyball)

- Labelled diagram of field & equipment with specification (2 pages)
- Brief history (1 page)
- Basic fundamental Rules (5 to 7 pages)
- Any 10 Basic fundamental Skills of chosen sports (5 pages)
- Any 10 famous personality of chosen sports (5 pages)

Guidelines:

- Fix large and color pictures of illustration on every page of file.
- Cover your file.

PSYCHOLOGY

Practical Work: It introduces students to the real-world application of psychological principles and tools through structured observation, testing, and interpretation. Students will build skills in data collection, analysis, and reflective thinking.

Submission: Each student is required to submit their own practical file. Group submissions are not allowed.

Components of the File:

A. Case Profile Development

- Choose one individual from your environment (friend, sibling, cousin, neighbour, etc.)
- Use appropriate methods like interviews, observation, and informal use of psychological tools.
- The profile should include:
 1. Background Information
 2. Social, emotional, and behavioural observations
 3. Personality traits and coping patterns
 4. Strengths and concerns
 5. Ethical considerations (consent, confidentiality)

B. Psychological Test Administration (Five Tests)

Each psychological test entry in the file must follow the format below. Students will administer five different psychological tests (test names will be discussed and selected in class based on availability and appropriateness). You are required to follow the below given format for each test:

Standard Format for Each Psychological Test Entry:

1. Problem Statement / Aim of the Practical [*Clearly state what the test aims to assess (e.g., "To assess the level of emotional intelligence in an adolescent using the XYZ scale.")*]
2. Introduction [*Include a detailed explanation of the psychological concept the test is based on — for example, personality, intelligence, aptitude, attitude, etc.*]
3. Objectives of the Practical [*List the specific goals of conducting this test (e.g., understanding the participant's strengths, identifying psychological patterns, etc.)*]
4. Preliminary Information of the Subject [*Age, gender, educational background, and any other relevant information (without disclosing identity)*]
5. Material Required [*Mention the test name, questionnaire/tools used, stopwatch (if needed), pen/pencil, etc.*]
6. Details of the Test [*Provide basic information about the test: author, year of construction, type (verbal/non-verbal), number of items, scoring method, etc.*]
7. Precautions to Ensure Relevant Results [*List essential precautions: quiet environment, clear instructions, test-taker comfort, no interruptions, etc.*]
8. Procedure to Follow for Conduction of Test [*Step-by-step process, including how you instructed the subject, timing, and how the test was carried out.*]
9. Introspective Report from the Subject [*A short report (written in their words or paraphrased) describing how the subject felt before, during, and after taking the test.*]
10. Scoring and Result [*Show the scoring process briefly and mention the subject's raw score and/or percentile.*]
11. Interpretation of the Result [*Interpret the score in the context of the test (e.g., "The subject has above-average emotional intelligence as per the XYZ scale.")*]
12. Discussion of the Result [*General inferences drawn from the outcome, possible influencing factors, and what the results may suggest about the subject.*]
13. Conclusion [*Summarize the learning from this test administration and reflect briefly on the process.*]

14. References Utilised [*Mention any source used — test manual, textbook, online references, classroom material, etc.*]

Presentation Format for the Complete File:

1. Cover Page – Name, Roll No., Class, School, Year
2. Index
3. Section 1: Case Profile (detailed write-up)
4. Section 2: Five Psychological Tests (each following the structure above)
5. Final Reflection Page (optional but encouraged)

Important Notes:

1. All five tests will be finalized and discussed in class before the vacation.
2. Ensure the file is neat, legible, and ethically written (no real names or private details).
3. This file forms the basis of your internal marks and Practical Exam preparation.
4. You will be required to administer and interpret two of the five tests during the Practical Examination.